

# The Food Pantries for the Capital District Basic Needs Resource Guide



The Food Pantries for the Capital District  
d/b/a The Food Pantries  
32 Essex Street  
Albany, NY 12206  
518-458-1167  
pantries@thefoodpantries.org  
www.TheFoodPantries.org



**Find Help Where You Need It:  
Albany County**

*Thank you to our sponsor:*



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## ABOUT THE FOOD PANTRIES—QUICK FACTS

- The Food Pantries is a coalition of more than 60 food pantries
- Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties
- The Food Pantries was founded in 1979.
- We collect food from food drives for free distribution to our member pantries
- The community can help by hosting Food and Fund Drives
- \$1 can help provide 6.25 pounds of food to the hungry
- All of the services we provide to our members are completely free for them to utilize



## HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 2016, we helped fund, collect and deliver enough food for more than **2.7 million meals and 274,754 pantry visits**

**Delivery Service**—1,380 tons of food delivered to our member pantries

**Food Drives**—241,812 pounds of food collected

**Infant Needs**— 108,772 diapers and 1,721 cans of formula distributed

**Food Funding**—Money is put on account at the food bank for the food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

**Information and Referrals**— 1,511 people were referred to pantry services and additional programs.

## WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2016 Numbers and Statistics)

Approximately 47,088 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

**100,252 pantry visits by infants and children (ages 0-17)**

**152,466 pantry visits by adults (ages 18-59)**

**22,036 pantry visits by senior citizens (ages 60+)**

**We are maintaining the highest service levels in our coalition's history**

## **The Food Pantries for the Capital District**

**Mission:** To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.

**Vision:** A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.



### **ABOUT HUNGER IN THE CAPITAL DISTRICT**

According to Feeding America, more than 2.67 million children and adults in New York are food insecure. Essentially, more than 13.5% of the population of NY do not have enough food to meet basic nutritional needs.

### **New York State and Capital District hunger statistics (2015)**

#### **New York State**

- 12.6% of total population = 2,502,250 people are food insecure
- 19.4% of children = 819,460 infants and children are food insecure

#### **Albany County**

- 13.0% of total population = 40,070 people are food insecure
- 17.3% of children = 10,230 infants and children are food insecure

#### **Rensselaer County**

- 11.7% of total population = 18,720 people are food insecure
- 19.1% of children = 6,250 infants and children are food insecure

#### **Saratoga County**

- 8.8% of total population = 19,760 people are food insecure
- 15.6% of children = 7,520 infants and children are food insecure

#### **Schenectady County**

- 11.8% of total population = 18,210 people are food insecure
- 18.7% of children = 6,380 infants and children are food insecure

### **TRUTH AND MYTH OF THE SNAP (formerly called food stamps) PROGRAM**

**MYTH-SNAP** provides enough food to the hungry

**TRUTH-On average**, 41.5% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America

**TRUTH-benefits** typically supply enough food for only 3 weeks of the month

**TRUTH-Snap** only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities

**TRUTH-Some people** who are food insecure do not want to apply for SNAP—they just need short-term assistance or only visit a pantry to fill a gap in income



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(TTY 1-800-662-1220)

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\*Discounted rates are dependent on subsidy eligibility and are not available in all counties. Individual premium rate may vary.

# Hotline and Service Referral List

AIDS Counseling and Testing	
<i>For Referrals</i>	(800) 541-2437
<i>For Counseling</i>	(800) 872-2777
Al-Anon <i>for Friends and Families of Alcoholics</i>	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (NYS Council)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse (Prevention)	(518) 447-7177
Child Abuse Hotline (National)*	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 855-2263
Domestic Violence Assistance (Unity House)	(518) 273-8255
Domestic Violence Hotline (Equinox)*	(518) 432-7865
Domestic Violence Hotline (Wellspring)*	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167
Human Trafficking Hotline (National)*	(888) 373-7888
Hunger Hotline (USDA National)	(866) 3-HUNGRY (866) 348-6479
Hunger Hotline (USDA National Español)	(877) 8-HAMBRE (877) 842-6273

\*24 hour hotlines and referrals

# Albany Clothing and Furniture Assistance

Blessed Sacrament	(518) 482-3375	Wed, Sat 10 AM - 1 PM 607 Central Ave.
Capital Church	(518) 456-3022	Thurs 6 PM - 7 PM 31 Vly Road
Capital City Rescue Mission	(518) 462-0459 ext. 259	Women - Wed, Fri 9:30 - 11:30 AM Men - Tues, Thurs 1:30 PM - 3:00 PM 259 N. Pearl St.
Grassroots Givers Community Store	(518) 817-5921	274 Washington Ave.
St. Mary's Outreach	(518) 462-4357	Tues, Thurs, Fri 9 AM - 11:30 AM 10 Lodge St, enter from Steuben St.
St. John's/St. Ann's Center	(518) 472-9091 ext. 14	Mon, Wed, Thurs, Fri 10 AM - 12 PM, 1 PM - 3 PM 88 4th Ave.

*\*Price points may vary - call ahead for availability and pricing*

## Albany Community Resources

Albany Community Action Partnership (ACAP)	(518) 463-3175 (518) 237-9201	333 Sheridan Ave. 145 Remsen St., Cohoes
Catholic Charities of the Diocese of Albany	(518) 453-6650	40 North Main Ave.
Equinox	(518) 435-9931	500 Central Ave.
Legal Aid Society	(518) 462-6765	55 Colvin Ave.
Trinity Alliance of the Capital Region	(518) 449-5155	15 Trinity Place

## Albany County Social Services

Albany DSS	(518) 447-7300	162 Washington Ave.
DSS Adult Protective Services - Albany	(518) 447-7177	162 Washington Ave.

## Albany Housing and Shelter Assistance

Albany Community Action Partnership (ACAP)	(518) 447-7323	Weatherizations Disability Access
Albany Housing Authority	(518) 641-7500	200 S Pearl St.
HEAP (Home Energy Assistance Program)	(518) 447-7690	162 Washington Ave.
Homeless Action Committee Outreach Van	(518) 426-0554	2 PM–10PM Mobile Assistance for Homeless Persons
Homeless and Travelers Aid (HATAS)	(518) 463–2124 (24 Hrs) Call for shelter placement	138 Central Ave.
NY Connects	(518) 447- 7177	
Sheridan Hollow Drop in Center	(518) 694-8899	176 Sheridan Ave.
United Tenants of Albany	(518) 436- 8997	255 Orange St., Ste. 4

LGBT Domestic Violence Hotline (In Our Own Voices)	(518) 432-4341
Meals on Wheels <i>Home Delivered Meals for Seniors</i>	(518) 363-4020
Medicaid	(518) 884-4148
Narcotics Anonymous	(888) 319-2606
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 447-9611
Psychiatric Crisis - Mobile Unit	(800) 543-3720
Rape Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 380–5583
Suicide Prevention Hotline (National) *	(800) 273-8255

This is not a comprehensive list,  
for more information regarding  
human service and support agencies please call:

**United Way: Dial 211**

**For Emergencies: Dial 911**

\*24 hour hotlines and referrals

# ALBANY COUNTY

## Albany Food Assistance

To find the pantry that serves your neighborhood call:  
The Food Pantries for the Capital District – (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:  
NOEP Albany (Nutrition Outreach and Education Program) – (518) 689-6327  
SNAP Albany (Supplemental Nutrition Assistance Program) - (518) 447-2551

Information about the Women, Infants, and Children Program (WIC):  
Albany Women’s Health Center of Albany Med. College - (518) 432-4033, 220 Green St.  
Cohoes Family Care Mom’s Program - (518) 235-7782, 55 Mohawk St., Cohoes

Information about Summer Meals:  
Dial 211, or text “Food” to 877-877

## Albany Medical Assistance

Albany County Health Department	(518) 447-4580	8:30 AM - 4:30 AM 175 Green St.
Albany County Cancer Services Program	(518) 525-8680	Free Cancer Screening
Alliance for Positive Health	(518) 434-4686	Testing for HIV and STDs
Cancer Services of Albany	(518) 525-8680	Call for Locations
Capital City Rescue Mission	(518) 462-0459	Free Medical Clinic Tues, Fri 9:00 AM - 3:00 PM
Capital District Psychiatric Center	(518) 549-6000	24 Hour Assistance
Damien Center (AIDS Community Center Peer Programing, Referrals)	(518) 449-7119	M- F 8 AM– 6:30 PM First Lutheran Church at 646 State St.
Healthy Families New York	(518) 447-7054	Home based program for
Medicaid/Medicare	(518) 447-7300	
Planned Parenthood Albany	(518) 434-5678	855 Central Ave. Albany, NY 12206
Poverello Center (Free medical assistance to adults without insurance)	(518) 462-7040	Wed , 6:30 PM - 8:30 PM 315 Sheridan Ave.
Whitney Young Jr. Health Services	(518) 465-4771	920 Lark St.

## Albany Community Meals

### BREAKFAST

Mon, Fri	8:00 AM - 8:30 AM	Interfaith Partnership for the Homeless	176 Sheridan Ave. (518) 434-8021
Tues, Wed; Apr 15 - Oct 3	7:30 AM - 8:30 AM	FOCUS Churches	85 Chestnut St. (518) 443-0460
Tues, Wed, Thurs; Nov - Apr	7:00 AM - 9:00 AM	FOCUS Churches	85 Chestnut St. (518) 443-0460
Daily	6:30 AM	Capital City Rescue Mission	259 S. Pearl St. (518) 462-0459

### LUNCH

Sunday Mon, Thurs	1:00 PM - 2:00 PM 11:30 AM - 1:00 PM	Sister Maureen Joyce Center (Soup Kitchen)	369 Livingston Ave. (518) 462-9885
Tues, Sat	11:30 AM - 1:00 PM	St. John’s/St. Ann’s	88 4th Ave. (518) 472-9091
Wed	11:30 AM - 12:30 PM	Sacred Heart Church	33 Walter St. (518) 434-0680
Wed; Sept - June	12:00 PM - 1:00 PM	Israel AME Church	381 Hamilton St. (518) 463-8779
Sat	11:00 AM - 1:00 PM	Grace & Holy Innocents	498 Clinton Ave. (518) 465-1112
Daily (Sun. - Take Out)	11:30 AM - 4:30 PM	Capital City Rescue Mission	259 N. Pearl St. (518) 462-0459
Last Week of the Month; Mon-Fri	12:00 PM - 1:00 PM	Salvation Army - Cohoes	Canal Sq. on Remsen St. (518) 463-6678

### DINNER

Mon - Sat Sun	6:30 PM 4:30 PM	Capital City Rescue Mission	259 Pearl St. (518) 462-0459
Mon	5:00 PM - 7:00 PM	Food Not Bombs	Social Justice Center 33 Central Ave. (518) 434-4037
Mon - Fri Mon - Fri	4:00 PM - 5:30 PM 5:00 PM - 6:00 PM	Salvation Army Mobile Canteen	20 S. Ferry St. 500 Clinton Ave. (518) 463-6678
Sat	4:30 PM - 7:00 PM	United Church of Cohoes	123 Mohawk St. (518) 237-0278
Mon - Thur Sat, Sun	4:00 PM - 6:00 PM 3:00 PM - 5:00 PM	JC Club Children’s Feeding Center ( <i>Under Age 19 Only</i> )	63 Quail St. (518) 465-6712